

## Features



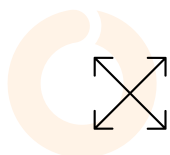
### Personalized insights

Simply answer the questions below and let OWise deliver Personalized information about your diagnosis and treatment – helping you to have better discussions with a doctor or nurse.



### Everything in one place

OWise keeps all of your information such as appointments, prescriptions and doctor's notes in one place so that you can easily and simply access them at any time for reference.



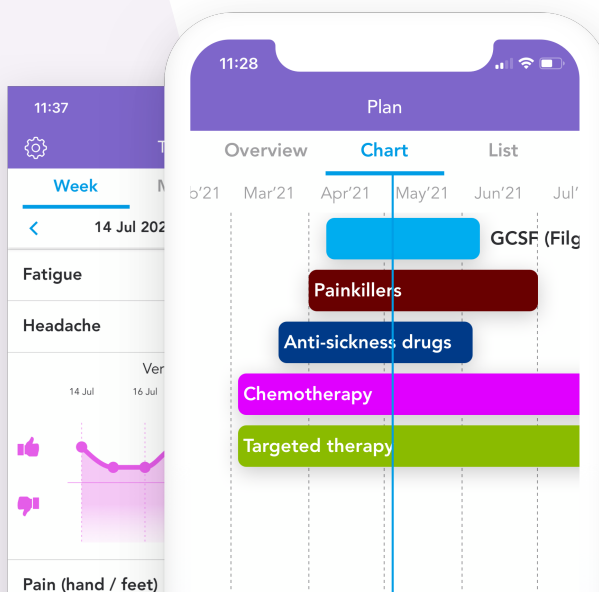
### Better communication

Track and review precisely how you have been feeling. Sharing this with your care team helps them to better understand your side effects and symptoms to deliver the best care possible.



## What is OWise?

Already used by thousands, **OWise** is your own personal cancer support app to help you regain control of your life from the first day of diagnosis. Let **OWise** support you with safe and reliable information while collating valuable insights about your day-to-day wellbeing that can assist your medical team in making informed decisions about on-going treatment.



### Patient quotes:

"**OWise** creates order in this chaos and keeps it that way. It is truly a fantastic support!"

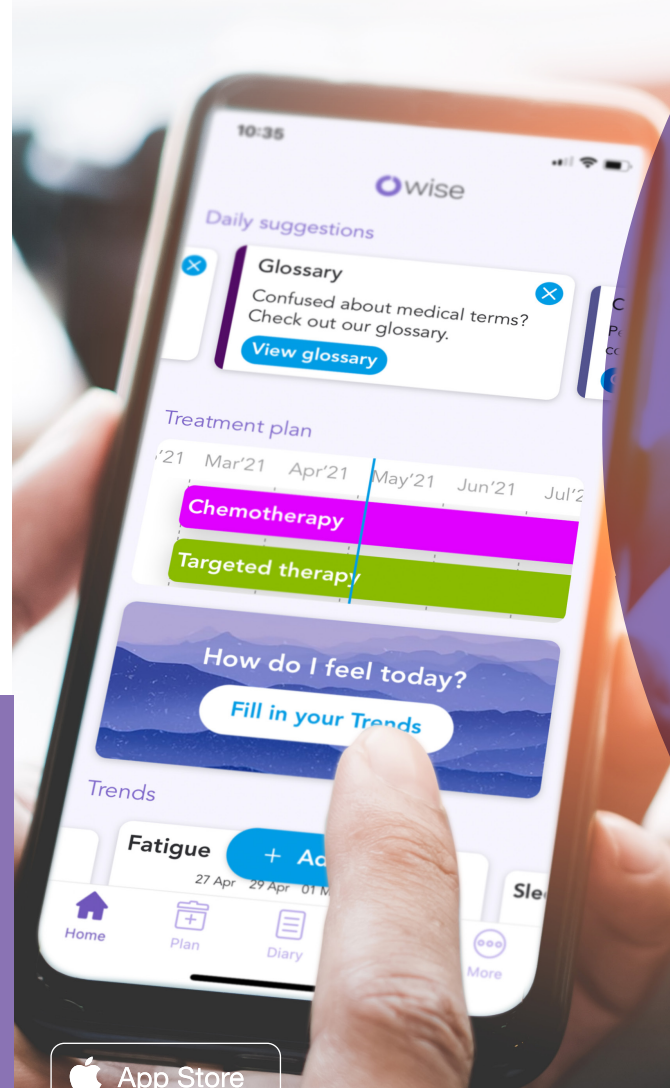
JOLENE (56)

"the **OWise** App is an invaluable tool to give peace of mind that supports during stressful treatment periods when monitoring is thorough and continuous."

JULIE (49)

## Your personalized help for breast cancer

Get the app and regain control



## OWise profile details

Ask your doctor or clinical nurse specialist to fill in these questions for you. That will help you when you start using OWise.

### Diagnosis



#### Which type of breast cancer do you have?

- ☐ DCIS ☐ IDC (or NOS) ☐ Other  
☐ LCIS ☐ ILC

#### Has the breast cancer come back?

- ☐ Yes ☐ No

### Stage



#### The breast cancer you have is in stage:

- ☐ Stage 0 ☐ Stage IA ☐ Stage IB  
☐ Stage IIA ☐ Stage IIB ☐ Stage IIIA  
☐ Stage IIIB ☐ Stage IV ☐ I don't know

#### What is the size of your primary tumour found in your breast?

- ☐ Less than 0.5 cm ☐ Between 0.5 and 1.9cm  
☐ Between 2cm and 5cm ☐ Larger than 5cm  
☐ I don't know

#### What is the grade of the cancer cells?

- ☐ Grade 1 ☐ Grade 3  
☐ Grade 2 ☐ Has not been tested yet

#### Have cancer cells spread to lymph nodes near your breast or armpit?

- ☐ Yes, to 1 to 2 lymph nodes ☐ Yes, to 3 lymph nodes  
☐ Yes, to 4 to 9 lymph nodes ☐ Yes, to more than 9 lymph nodes  
☐ No ☐ Has not been tested yet

#### Has the cancer spread to other parts of your body, beyond the lymph nodes?

- ☐ Yes ☐ No ☐ I don't know

#### Do you know your TNM Stage?

T. \_\_\_\_\_ N. \_\_\_\_\_ M. \_\_\_\_\_

### Molecular



#### Are the cancer cells positive for hormone receptors?

- ☐ ER positive (ER+) and PR positive (PR+)  
☐ ER positive (ER+) and PR negative (PR-)  
☐ ER negative (ER-) and PR positive (PR+)  
☐ ER negative (ER-) and PR negative (PR-) ☐ Has not been tested yet

#### Are the cancer cells positive for HER2 receptors?

- ☐ Yes ☐ No ☐ Has not been tested yet

#### Is your cancer familial or genetically determined?

- ☐ Yes, close family member have also had (or have) cancer  
☐ Yes, tests have found that I carry the BRCA1 or BRCA2 mutation  
☐ No, cancer does not occur in my close family ☐ I don't know

#### What is your Oncotype DX test score?

- ☐ \_\_\_\_\_ ☐ I don't know

### Surgery



#### The breast cancer has been or will be removed by:

- ☐ Mastectomy, with or without reconstruction  
☐ Breast conserving surgery ☐ Has not been decided yet

#### Following surgery, a doctor will look at the margins (borders) of the removed breast tissue. Was the result:

- ☐ Negative ☐ Close (cancer cells were found close to the edge)  
☐ Positive ☐ I have not had surgery / I have not received the results yet.

#### Will you receive or have you received additional surgery on the same breast or area following a first operation?

- ☐ No ☐ Yes: breast reconstruction  
☐ Yes: again breast conserving surgery ☐ Yes: another type of surgery  
☐ Yes: surgery to remove lymph nodes in my armpit  
☐ Yes: mastectomy with immediate reconstruction  
☐ Yes: mastectomy ☐ I don't know

### Your Treatments



#### Operation

- ☐ Breast conserving surgery ☐ Sentinel lymph node biopsy  
☐ Mastectomy ☐ Surgery (other)  
☐ Lymph node surgery ☐ Breast reconstruction / prosthesis

#### Radiotherapy

Number of fractions: \_\_\_\_\_

### Chemotherapy

- ☐ AC: doxorubicin, cyclophosphamide  
☐ CMF: cyclophosphamide, methotrexate, fluorouracil  
☐ Capecitabine (Xeloda®)  
☐ Carboplatin (Paraplatin®)  
☐ Cisplatin (Platinol®)  
☐ Docetaxel (Taxotere®)  
☐ Doxorubicin (Adriamycin®, Ribex®)  
☐ EC: epirubicin, cyclophosphamide  
☐ Eribulin (Halaven®)  
☐ Gemcitabine (Gemzar®)  
☐ Irinotecan / Topotecan  
☐ Ixabepilone (Ixempra®)  
☐ Nab-Paclitaxel (Abraxane®)  
☐ Paclitaxel (Taxol®)  
☐ TAC: Taxotere, Adriamycin, cytoxan  
☐ TC: taxotere, cyclophosphamide  
☐ TCH: paclitaxel (Taxol®), carboplatin (Paraplatin®)  
☐ Other / I don't know

### Targeted (biological) therapy

- ☐ Trastuzumab (Herceptin®)  
☐ Pertuzumab (Perjeta®)  
☐ T-DM1 Trastuzumab-emtansine (Kadcyla®)  
☐ Lapatinib (Tykerb®)  
☐ Bevacizumab (Avastin®)  
☐ Everolimus (Afinitor®)  
☐ Palbociclib  
☐ Ribociclib  
☐ Denosumab (XGEVA®)  
☐ Abemaciclib  
☐ Neratinib  
☐ Olaparib (Lynparza®)  
☐ Talazoparib (Talzenna®)  
☐ Atezolizumab (Tecentriq®)  
☐ Other

### Hormone therapy

- ☐ Tamoxifen (10 mg)  
☐ Tamoxifen (20 mg)  
☐ Anastrozole (Arimidex®)  
☐ Letrozole  
☐ Exemestane (Aromasin®)  
☐ Other  
☐ Fulvestrant (Faslodex®)  
☐ Goserelin (Zoladex®)  
☐ Buserelin (Suprefact®)  
☐ Triptorelin (Trelstar®, Triptodur®)  
☐ Leucoporelina (Lucrin®)

### GCSF (Filgrastim®) or Growth Factors

### Angiogenesis-inhibitor

- ☐ Bevacizumab (Avastin®) ☐ Other

### Anti-sickness drugs

- ☐ Ondansetron (Zofran®)  
☐ Dexamethasone  
☐ Olanzapine (Zyprexa®)  
☐ Ramosetron (Ibset®)  
☐ Akynzeo® (netupitant & palonosetron)  
☐ Granisetron  
☐ Metoclopramide  
☐ Palonosetron (Aloxi®)  
☐ Rolapitant (Varubi®)  
☐ Aprepitant (Emend®)  
☐ Dolasetron (Anzemet®)  
☐ Tropisetron (Navoban®)  
☐ Other

### Painkillers

- ☐ Diclofenac (Voltaren®)  
☐ Naproxen (Naprosyne®)  
☐ Paracetamol  
☐ Ibuprofen (Advil®)  
☐ Opiates  
☐ Other

### Other

- ☐ \_\_\_\_\_ ☐ \_\_\_\_\_  
☐ \_\_\_\_\_ ☐ \_\_\_\_\_